

IRIS'S CAFÉ

Every Thursday at 12:30 - \$7.50 per person, all luncheons include coffee & dessert, reservations required by Wednesday

November 6th	Vegetarian lasagna rolls, mixed green salad
November 13th	Curried chicken (mild curry), coconut rice, vegetable
November 20th	Thanksgiving dinner ~ turkey & all the trimmings



December 4th	Pan fried cod, mashed sweet potato, vegetable
December 11th	Stuffed pork loin, mashed potatoes, vegetable
December 18th	LUNCH AT 11:45 TODAY CHRISTMAS DINNER <i>Wellfleet Elementary School performance at noon</i> ~ followed by lunch of Greek shrimp scampi, rice pilaf, mixed green salad



IRIS'S SOUP TO GO

Prepared on Monday, packed to travel ~ \$4.00 pint

Nov. 3rd	Chicken w/ rice
Nov. 10th	Pureed carrot w/ lemon & ginger
Nov. 17th	Lentil w/ vegetables
Nov. 24th	Tomato & white bean w/ Italian sausage
Dec. 1st	Corn chowder
Dec. 8th	Chicken vegetable
Dec. 15th	Pureed cauliflower w/ spinach
Dec. 22nd	Yellow split pea w/ carrots & spinach
Dec. 29th	Portuguese kale

